

FARM FRESH CLASSICS

OUR FARM FRESH CLASSIC BREAKFASTS COME WITH YOUR CHOICE OF DUCK FAT FRIED HERB POTATOES, WILD ARUGULA OR GLUTEN-FREE POTATOES.

- CLASSIC BREAKFAST** 13.5
Two free run eggs any style, duck fat fried herb potatoes, choice of hardwood smoked bacon, Canadian bacon, rosemary ham, blueberry chicken bangers, or maple pork bangers, and choice of toast
- THREESOME!** 19
Two free run eggs any style, choice of hardwood smoked bacon, Canadian bacon, rosemary ham, chicken blueberry bangers, or maple pork bangers, and choice of waffle, crêpes, pancake, or brioche French toast

LIGHTEN UP

- 1 FARM FRESH FREE RUN EGG, ANY STYLE** 8
with fresh fruit, choice of toast
- ARTISAN BAGEL SAMMY** 15
Artisan bagel, two free run eggs over hard, white truffle mayo, chunky guacamole, micro watercress, market fresh fruit
- CHIA SEED PUDDING** 13
Banana, coconut, coconut milk, chia, berries, maple syrup, toasted gluten-free oats, shaved almonds & pistachios
- ONE TOAST, TWO TOAST, YOU TOAST**
Fresh smashed avocado, garbanzo bean hummus, tomato jam, fresh picked herbs, artisan multi-seed bread, EVOO
Choose, 1 slice or 2 **10 | 15**
+ Add perfectly poached eggs **+ 2 per slice**
+ Add cold-smoked salmon (Wolfhead Smokers NB) **+ 3.5 per slice**

BENNY SENDS ME

ALL OF OUR EGG BENNYS ARE SERVED ON A BUTTER CROISSANT, WITH BROWN BUTTER HOLLANDAISE, AND DUCK FAT FRIED HERB POTATOES. + SUB POTATOES FOR WILD ARUGULA OR GLUTEN-FREE POTATOES + FRESH FRUIT IS INCLUDED UPON REQUEST

- TRADITIONAL** 18
Artisan-style old fashioned rosemary ham
- CANADIAN EH!** 18
Canadian back bacon with dark maple syrup OR brown butter hollandaise
- THE ONE THAT DID NOT GET AWAY** 21
Wilted spinach, cold-smoked salmon
- HoLY CRaB!!** 21
Wild blue crab, fresh dill, Dijon mustard
- FLORENTINE** 19
Wilted spinach, Hass avocado, house made tomato jam (Vegetarian with gluten-free potatoes or greens)
- TRUFFLED SQUASH** 18
Braised butternut squash, truffle mushrooms (Vegetarian with gluten-free potatoes or greens)

THREE EGG SCRAM-BLETTES

ALL OF OUR SCRAM-BLETTES ARE SERVED WITH DUCK FAT FRIED HERB POTATOES, FRESH FRUIT & ARTISAN TOAST. SUB POTATOES FOR WILD ARUGULA OR GLUTEN-FREE POTATOES.

- THE LAKS** (Wolfhead Smokers NB) 21
Cold-smoked salmon, green onions, Spanish capers, fresh dill
- FARMER JOHN'S DELIGHT** 19
Hardwood smoked bacon, rosemary ham, green onions, field mushrooms
- VEGETABLE PRIMAVERA** 18
Mushrooms, tomatoes, green onions, bell peppers, spinach, feta cheese (cow) (Vegetarian with gluten-free potatoes or greens)

OUR SIGNATURE BREAKFAST POUTINES

- THE SOUL IN A BOWL™** 18
Poached eggs, duck fat fried herb potatoes, Saint Cyrille curds, slow cooked bacon lardons, brown butter hollandaise
- GOLD DIGGA** 21
Poached eggs, duck fat fried herb potatoes, Saint Cyrille curds, Berkshire roast pork, black truffles, brown butter hollandaise
- CHASING CHICKENS** 18
Poached eggs, duck fat fried herb potatoes, Saint Cyrille curds, smoked pulled chicken, brown butter hollandaise
- CONFIT DE CANARD** 19
Poached eggs, duck fat fried herb potatoes, asiago, sous-vide duck confit, cranberry jam, brown butter hollandaise
- MEAT-LESS TO SAY** 17
Poached eggs, duck fat fried herb potatoes, Saint Cyrille curds, Hass avocado, ripe tomatoes, brown butter hollandaise. (Vegetarian with gluten-free potatoes or greens)
- GET SHORTY RIB POUTINE** 21
Poached eggs, duck fat herb potatoes, Saint Cyrille curds, Philly-style beef short-rib, bell peppers, red onions, mushrooms, brown butter hollandaise
- A-LOTT A-LAKS** (Wolfhead Smokers NB) 21
Poached eggs, duck fat fried herb potatoes, Saint Cyrille curds, cold-smoked salmon, fresh dill, fried capers, brown butter hollandaise
- TUNA CRUDO** 21
Poached eggs, Ahi tuna, Hass avocado, sesame, pommes gaufrettes, cilantro crema
- CHUNKY LOBSTER SCRAMBLE** 22
(limited quantities daily)
Maritime lobster & shrimp scramble, duck fat fried herb potatoes, green onions, American Asiago cheese, brown butter hollandaise
- HOG & SCALLOPS** 23
(limited quantities daily)
Poached eggs, duck fat fried herb potatoes, Saint Cyrille curds, seared Digby scallops, slow cooked bacon lardons, brown butter hollandaise

*SUBSTITUTE FRESH SPINACH OR ARUGULA FOR POTATOES IN ANY OF OUR SIGNATURE BREAKFAST POUTINES OR **SUB 1/2 POTATOES FOR SPINACH OR ARUGULA (NO CHARGE)

MY BLUE PLATE Specials

- SCRAMBLED CRÊPE** 17
Free run eggs, mushrooms, tomatoes, peppers, spinach, roasted vegetable Ajvar, American Asiago cheese & brown butter hollandaise
- CANADIAN LOBSTER & SHRIMP CRÊPE** 22
(limited quantities daily)
Butter poached lobster & shrimp scramble, green onions, brown butter hollandaise, truffle pearls
ADD 1/4oz of organic Sturgeon caviar **+ 26**
- DOUBLE TROUBLE** 19
Two eggs over easy, hardwood smoked bacon, sharp cheddar, heirloom tomato, chipotle aioli, arugula, Spanish Manchego, artisan brioche
- CROQUE MADAME** 21
Two sunny side eggs, rosemary ham, sharp cheddar, truffles, brown butter hollandaise, Spanish Manchego, black truffle carpaccio, potato sourdough rye
- PIEROGIES & DUCK** 21
Hand pinched pierogies, hardwood smoked bacon, duck confit, green onions, raspberry vinaigrette, two sunny side eggs, micro-greens
- HUEVOS IN'NA BURRITO** 18
Tortillas, charred tomato salsa, fried pinto beans, scrambled eggs, sour cream, chunky guacamole, blistered jalapenos

SIDES...

- EGGSTRA EGG 2
- Artisan Organic Or Gluten Free Bread & Jam 3
- Fresh Fruit 3
- Bowl of Duck Fat Fried Herb Potatoes 5
- Whole Hass Avocado 4
- Heirloom Tomatoes 4
(Fried OR At Room temp)
- Hand-Pinched Pierogies Sour Cream 10
- Hardwood Smoked Bacon 4
- Old Fashioned Shaved Rosemary Ham 4
- Canadian Bacon 4
- Maple Pork Bangers 4
- Chicken Blueberry Bangers 4
- 1/4 oz Organic Sturgeon Caviar 26

EGGS

All the eggs at OEB come from our own flax fed free-run flock of hens that produce a large dark yolk, Omega-3 enriched egg, delivering a difference you can taste.

--> Bring home (30) Fresh Free-Run OEB Eggs for \$18

FLOUR

Canadian grown and milled, organic and GMO-free

SAUSAGES

Our sausages are proprietary recipes that are created in partnership with local butchers.

MEAT

All OEB meats are gluten-free.

DUCK FAT

We use duck fat in our cooking processes as it is a more stable oil with a higher smoking point. Cooking with duck fat provides health benefits and superior flavour.

BREAD

OEB bread is artisan-made & 100% organic.

Fully Worth The Calories....

- BANANA "CREAM PIE" FRENCH TOAST** 18
Brioche, banana cream, fresh banana, toasted almonds, fresh whipped cream
- BELGIAN WAFFLE** 13
Quebec maple syrup, salted butter, powdered sugar (contains almond extract)
+ Add berries (Market Price)
- NOT SO BORING BRIOCHE FRENCH TOAST** 15
Sri Lankan cinnamon and orange blossom spiced French toast, Quebec maple syrup
- DO NOT EVEN GO THERE** 18
French style crêpe, vanilla custard, berries, banana, fresh whipped cream, pistachios & almonds, Quebec maple syrup
- FRENCH TOAST TRIFLE** 19
Brioche, Meyer lemon curd, market berries, pistachios, torched pavlovas

GROWN UP SANDWICHES

ALL SANDWICHES ARE SERVED WITH DUCK FAT FRIED POMMES GAUFRETTES.

- HEIRLOOM. AVOCADO. FIOR DI LATTE** 18
Artisan bagel, heirloom tomatoes, Hass avocado, fior di latte mozzarella, truffles, micro watercress, EVOO
- LAKS & LAKS OF BAGEL** (Wolfhead Smokers NB) 20
Hand-crafted cold-smoked salmon, herbed cream cheese, pickled onions, shaved fennel, fried capers, EVOO + I DARE YOU TO EXPENSE THIS! ADD 1oz of organic Sturgeon caviar **+ 65**
- THE BIG AHI TUNA BURGER** 20
Peppercorn crusted marinated Ahi tuna, chipotle mayo, guacamole, smoked salt, fennel slaw, citrus vinaigrette, cilantro crema, Vegan Japanese milk bun
- THE CLUCK NORRIS** 19
Hand pulled smoked chicken, pesto mayo, heirloom tomato, cranberry jam, micro watercress, sea salt ciabatta
- THE NOTORIOUS B.I.T. (8OZ)** 18
Proprietary blend of brisket, chuck & short-rib burger, white truffle aioli, the works, Japanese milk bun
- VEGGIE & GRAIN BURGER** 18
Grains & legume burger, garbanzo bean hummus, guacamole, micro watercress, Vegan Japanese milk bun (Vegan with gluten-free potatoes or greens)

Free-Range Pork

Hand-Crafted Salmon Laks

Truffles

Contains Nuts

Vegetarian

Vegan

Gluten Free

GOOD MORNING