	FARM FRESH CLASSICS		BENNY SENDS ME		THREE EGG SCRAM-BLETTES	
	All our Farm Fresh Classic breakfasts come with your choice of duck fat fried potatoes, wild arugula or roasted fingerling potatoes.	d herb	All of our Egg Benny's have poached eggs served on a butter croissant, with brown butter hollandaise, and duck fat fried herb potatoes. Sub potatoes for	wild	All of our Scram-blettes are served with duck fat fried herb potatoes, fresh fr & artisan toast. Sub potatoes for wild arugula or roasted fingerling potatoe.	
	Two free run eggs any style, duck fat fried herb potatoes, choice of double smoked bacon, Canadian bacon, rosemary ham, blueberry	3.5	arugula or roasted fingerling potatoes. Fresh fruit is included upon request. TRADITIONAL Artisan style old fashioned rosemary ham	18	THE LAKS (Wolfhead Smokers, NB) Cold-smoked salmon, green onions, spanish capers, fresh dill	19
	chicken bangers, or maple pork bangers, and choice of toast THREESOME! Two free run eags any style choice of double smoked bacon.	19	CANADIAN EH! Canadian back bacon with dark maple syrup OR brown butter	18	FARMER JOHN'S DELIGHT Hardwood smoked bacon, rosemary ham, green onions & field mushrooms	19
	Two free run eggs any style, choice of double smoked bacon, Canadian bacon, rosemary ham, chicken blueberry bangers, or maple pork bangers, and choice of waffle, pancake, crêpes or brioche french toast	9	hollandaise SMOKED BOAR SPECK Smoked boar speck, Hass avocado & semi-dried tomatoes	20	VEGETABLE PRIMAVERA Mushrooms, tomatoes, green onions, bell peppers, field spinach & fetcheese (cow)	18 a
	BLACK ANGUS STEAK & EGGS (6oz) (Black Apron Co-Op) Striploin, two free run eggs any style, artisan bread, fresh fruit	22	RABBIT Hog & rabbit mortadella, pistachio, peperonata, Spanish Manchego cheese	19	GOTTA CHICK THIS OUT! Hand-pulled smoked chicken, field spinach, semi dried tomatoes, & fresh fior di latte mozzarella	19
	LIGHTEN UP 1 FARM FRESH FREE-RUN EGG, ANY STYLE	8	WATERFOWL (Brome Lake QC) Smoked Peking duck breast, porcini mushroom-truffle ragû	19	FULLY WORTH THE CALORIES	
	with fresh fruit, choice of toast ARTISAN BAGEL SAMMY	13	UPSTREAM (Wolfhead Smokers NB) Wilted spinach, cold-smoked salmon	20	BANANA "CREAM PIE" FRENCH TOAST Brioche, banana cream, toasted almonds, fresh whipped cream	17
	Artisan bagel, two free run eggs over hard, white truffle mayo, Hass avocado, micro watercress, semi-dried cherry tomatoes, market fresh fruit		HoLY CRaB!! Wild blue crab, fresh dill, dijon mustard	20	BELGIAN WAFFLE Quebec maple syrup, salted butter, powerdered sugar	13
	CHIA SEED PUDDING Banana, coconut, coconut milk, chia, berries, maple syrup, toasted gluten free oats, shaved almonds & pistachios	13	FLORENTINE Wilted spinach, house made tomato jam Add - Hass avocado \$3	16	Add berries (Market Price) NUTELLA® FRENCH TOAST Brioche, hazelnut gianduja, torched marshmallows, cocoa	18
OUR SIGNATURE BREAKFAST POUTINES		TRUFFLED SQUASH Braised butternut squash, porcini & truffle mushrooms	18	DO NOT EVEN GO THERE French style crêpe, vanilla custard, berries, banana, fresh whipped cream, pistachios & almonds, Quebec maple syrup	18	
	THE SOUL IN A BOWL ™® Poached eggs, duck fat fried herb potatoes, Saint Cyrille curds, slow cooked bacon lardons, brown butter hollandaise		My Blue Plate Specials		NOT SO BORING BRIOCHE FRENCH TOAST Sri Lankan cinnamon and orange blossom spiced French toast, Quebec maple syrup	14
	GOLD DIGGA Poached eggs, duck fat fried herb potatoes, Saint Cyrille curds, Berkshire roast pork, black truffles, brown butter hollandaise	20	SCRAMBLED CRÊPE Free run eggs, mushrooms, tomatoes, peppers, spinach, roasted vegetable Ajvar, American Asiago cheese & brown butter hollandaise	17	SWEET DREAMS ARE MADE OF THESE!! Brioche, New York style cheesecake, Bailey's crème anglaise	18
	CHASING CHICKENS Poached eggs, duck fat fried herb potatoes, Saint Cyrille curds, smoked pulled chicken, brown butter hollandaise	17	CANADIAN LOBSTER & SHRIMP CRÊPE (limited quantities daily) Butter poached lobster & shrimp scramble, green onions, brown butter hollandaise & truffle pearls	21	FRENCH TOAST TRIFLE Brioche, Meyer lemon curd, market berries, pistachios, torched pavlovas	19
	MEAT-LESS TO SAY Poached eggs, duck fat fried herb potatoes, Saint Cyrille curds, Hass avocado, ripe tomatoes, brown butter hollandaise	16	MUSHROOM & HAM CRÊPE Free run eggs, seasonal mushrooms, rosemary ham, sharp cheddar, porcini & white truffle ragû, brown butter hollandaise	17	GROWN UP SANDWICHES	
	CONFIT DE CANARD Poached eggs, duck fat fried herb potatoes, asiago, sous-vide	18	DOUBLE TROUBLE Two eggs over easy, double smoked bacon, sharp cheddar, heirloom	19	All sandwiches are served with duck fat fried pommes gaufrettes.	
	duck confit, cranberry jam, brown butter hollandaise CHILL DA BISON OUT!	19	tomato, chipotle aioli, arugula, Spanish Manchego, artisan brioche WILD BOAR SPALLA	19	HEIRLOOM . AVOCADO . FIOR DI LATTE Artisan bagel, heirloom tomatoes, Hass avocado, fior di latte mozzarella, truffles, micro watercress, EVOO, sea salt ciabatta	18
	Poached eggs, duck fat fried herb potatoes, Saint Cyrille curds, free- range bison chilli, spices, pinto beans, cilantro pistou, brown butter hollandaise	17	Cured wild boar shoulder, two eggs over easy, smoked chipotle aioli, arugula, Spanish Manchego CROQUE MADAME	20	LAKS & LAKS OF BAGEL (Wolfhead Smokers, NB) Hand-crafted cold smoked salmon, herbed cream cheese, pickled	20
	GET SHORTY RIB POUTINE Poached eggs, duck fat herb potatoes, Saint Cyrille curds, Philly-style beef short-rib, bell peppers, red onions, mushrooms, brown butter hollandaise	19	Two sunny side eggs, rosemary ham, charred onions, sharp cheddar, truffles, brown butter hollandaise, Spanish Manchego, black truffle carpaccio		onions, shaved fennel fried capers, EVOO BACON . WATERCRESS .TOMATO Double smoked bacon, micro watercress, heirloom tomato, horseradish aioli, sea salt ciabatta	19
	A-LOTT A-LAKS (Wolfhead Smokers NB) Poached eggs, duck fat fried herb potatoes, Saint Cyrille curds, cold smoked salmon, fresh dill, fried capers, brown butter hollandaise	20	WAFFLE & LAKS (Wolfhead Smokers NB) Hand-crafted cold smoked salmon, crisp buttermilk waffle, tzatziki, fried capers, pickled red onions, shaved fennel, micro greens	21	THE CLUCK NORRIS Hand pulled smoked chicken, pesto mayo, heirloom tomato, cranberry jam, micro watercress, sea salt ciabatta	19
	TUNA CRUDO Poached eggs, Ahi tuna, Hass avocado, sesame, pommes gaufrettes, cilantro crema	20	PIEROGIES & DUCK Hand pinched pierogies, hardwood smoked bacon, duck confit, green onions, raspberry vinaigrette, two sunny side eggs, micro greens		THE NOTORIOUS B.I.T. (80z) Proprietary blend of brisket, chuck & short-rib burger, white truffle aioli, the works, Japanese milk bun	18
	CHUNKY LOBSTER SCRAMBLE (limited quantities daily) Maritime lobster & shrimp scramble, duck fat fried herb potatoes, shallots, green onions, American Asiago cheese, brown butter	20	WE'VE GOT HUEVOS Whole wheat tortilla, charred tomato salsa, fried pinto beans, scrambled eggs, sour cream, chunky guacamole	18	MOROCCAN STYLE LAMB BURGER (8oz) Dill tzatziki, the works, Japanese milk bun	18
	shahots, green onions, American Asiago cheese, brown butter				INDIAN INSPIRED VECETARI E S CRAIN RIDCER	10

DUCK LEG & WAFFLE

butter hollandaise, micro greens

Sunny side egg, spicy caramel, pickled red onions, fennel, brown

INDIAN INSPIRED VEGETABLE & GRAIN BURGER Grains & legume burger, the works, fennel slaw, tomato jam, vegan charcoal bun

20

18

HOG & SCALLOPS (limited quantities daily)
Poached eggs,duck fat fried herb potatoes, Saint Cyrille curds, seared
Digby scallops, slow cooked bacon lardons, brown butter hollandaise

hollandaise